

I Am...

How to write an I AM poem.

I am (two special characteristics)

I wonder (something you are actually curious about)

I hear (an imaginary sound)

I see (an imaginary sight)

I want (an actual desire)

I am (the first line of the poem restated)

I pretend (something you pretend to do)

I feel (a feeling about something imaginary)

I touch (an imaginary touch)

I worry (something that really bothers you)

I cry (something that makes you very sad)

I am (the first line of the poem repeated)

I understand (something you know is true)

I say (something you believe in)

I dream (something you actually dream about)

I try (something you make an effort to do)

I hope (something you actually hope for)

I am (the first line of the poem repeated)

An example:

I Am

I am sharp and focused
I wonder what the camera really sees
I hear the buzzing bee
I see flowers in early morning light
I want to stop time in a box
I am sharp and focused

I pretend to be a statue
I feel the shakes inside
I touch the shutter button
I worry about the blurry result
I cry that the moment has forever passed
I am sharp and focused

I understand moments in time
I say let's freeze them forever
I dream of watercolor effects coming to life
I try to see all the soft muted edges
I hope it happens someday
I am sharp and focused

<http://ettcweb.lr.k12.nj.us/forms/iampoem.htm>

and, Dr. Steph Paterson, CSU Stanislaus, September 2006